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HEALING THE CIRCLE THROUGH TRAUMA RESPONSIVE PRACTICES



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PRESENTATION PATHWAY

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|----------|--|----------|--------------------------|
| 1 | INTRODUCTION | 5 | REFLECTION & APPLICATION |
| 2 | TRAUMA IN CONTEXT
historical and contemporary | 6 | CLOSING INTENTIONS |
| 3 | RELATIONAL PRACTICES | | |
| 4 | STRENGTHS BASED STRATEGIES | | |

INTRODUCTION

Our Mission: To co-facilitate trauma-focused healing for Native children, families, and communities



National Native Children's Trauma Center
www.nnctc.org

Native Child Advocacy Resource Center
www.nativecac.org

National Tribal Child Welfare Center
www.ntcwcia.org

Tribal Youth Resource Center
www.tribalyouth.org

TRAUMA IS
COLLECTIVE,
HISTORICAL,
AND
ONGOING



Historical, Intergenerational, and Transgenerational



Acute, Chronic, Developmental, Complex, Secondary



Individual, Family, Community, Mass

IMPACTS ON HEALTH AND TRUST

Trauma responses are adaptive, not pathological

MISTRUST OF
SYSTEMS &
PROVIDERS

WITHOLDING
INFORMATION OR
DISENGAGEMENT
OF CARE

CHRONIC
STRESS

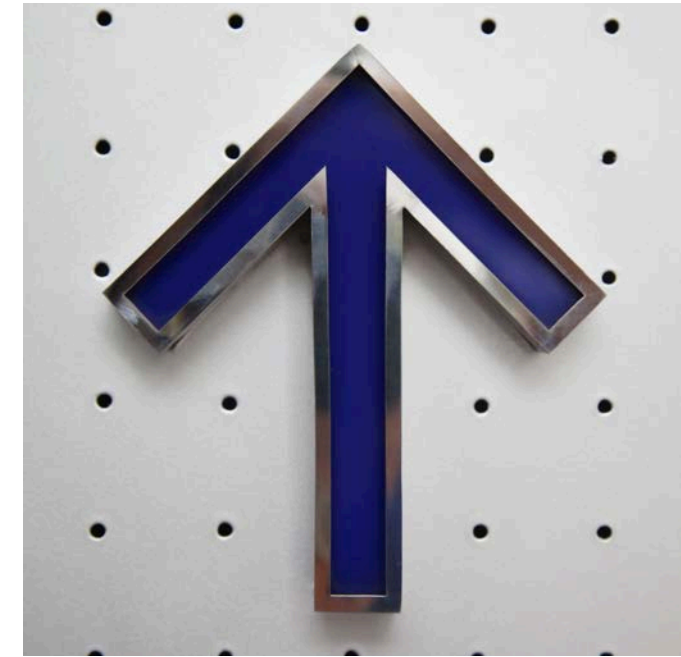
AMPLIFIED
POWER
DYNAMICS



IT IS NOT IF BUT WHEN
THOSE WE WORK WITH
WILL BECOME
DYSREGULATED

AND FOR US, IT IS NOT IF
BUT WHEN WILL WE
BECOME DYSREGULATED

people who have experienced trauma tend to stay dysregulated longer and take longer to return to a state of regulation



“WHY IS THIS
PATIENT
DIFFICULT?”

TO

“WHAT HAS
THIS PATIENT
EXPERIENCED?”



Individual



Family



Community

RELATIONAL PRACTICES

Responding Not Reacting

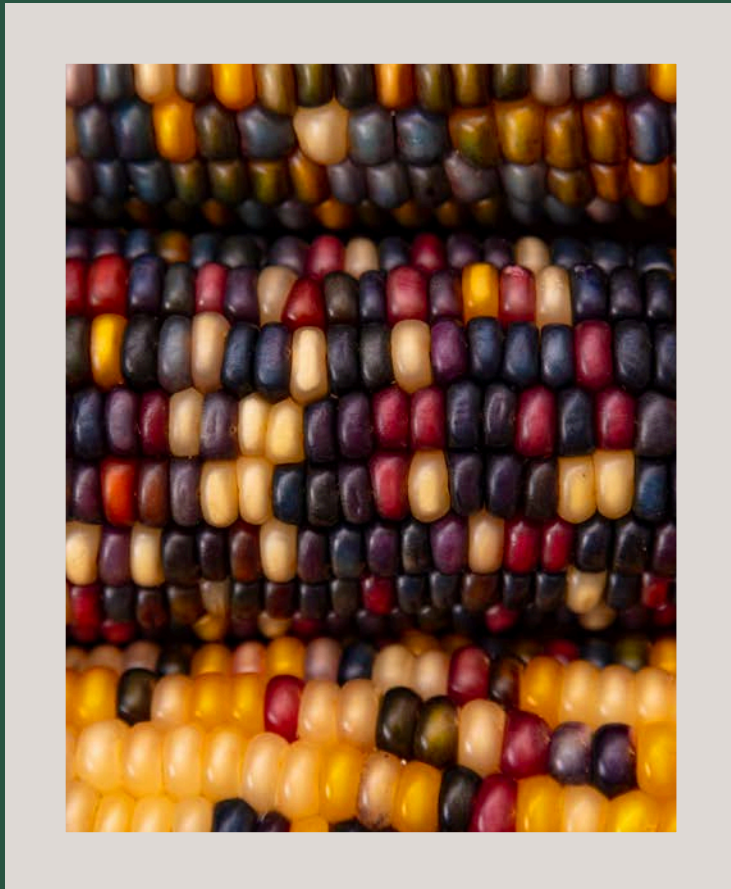
I WANT TO UNDERSTAND WHAT'S MADE IT HARD TO COME IN REGULARLY. WE CAN FIGURE OUT A PLAN THAT WORKS FOR YOU.

I UNDERSTAND YOU HAVE NOT HAD GREAT EXPERIENCES HERE IN THE PAST, I CAN'T CONTROL EVERYTHING BUT I CAN MAKE SURE TO LET YOU KNOW HOW WHAT I KNOW AND WHERE THERE ARE SYSTEM LIMITATIONS EVERY STEP OF THE WAY SO WE COLLABORATE AS MUCH AS WE CAN.

IS THERE ANYTHING YOU WANT ME TO KNOW ABOUT PAST EXPERIENCES THAT MIGHT AFFECT YOUR CARE TODAY?

HEALING HAPPENS IN RELATIONSHIP

Shifting Deficit to Strength: It's not just what we do but how we do it



NON COMPLIANT TO

PROTECTIVE, CAUTIOUS, SURVIVING

MISSED FOLLOW UP TO

NAVIGATING COMPETING PRIORITIES AND BARRIERS



ONE THING I CAN DO
DIFFERENTLY TO HEAL
MISTRUST IS...

ONE THING I CAN DO TO
BE REGULATED IN THE
MOMENT IS...

HEALING CENTERED ENGAGEMENT IS AN ONGOING JOURNEY



One question

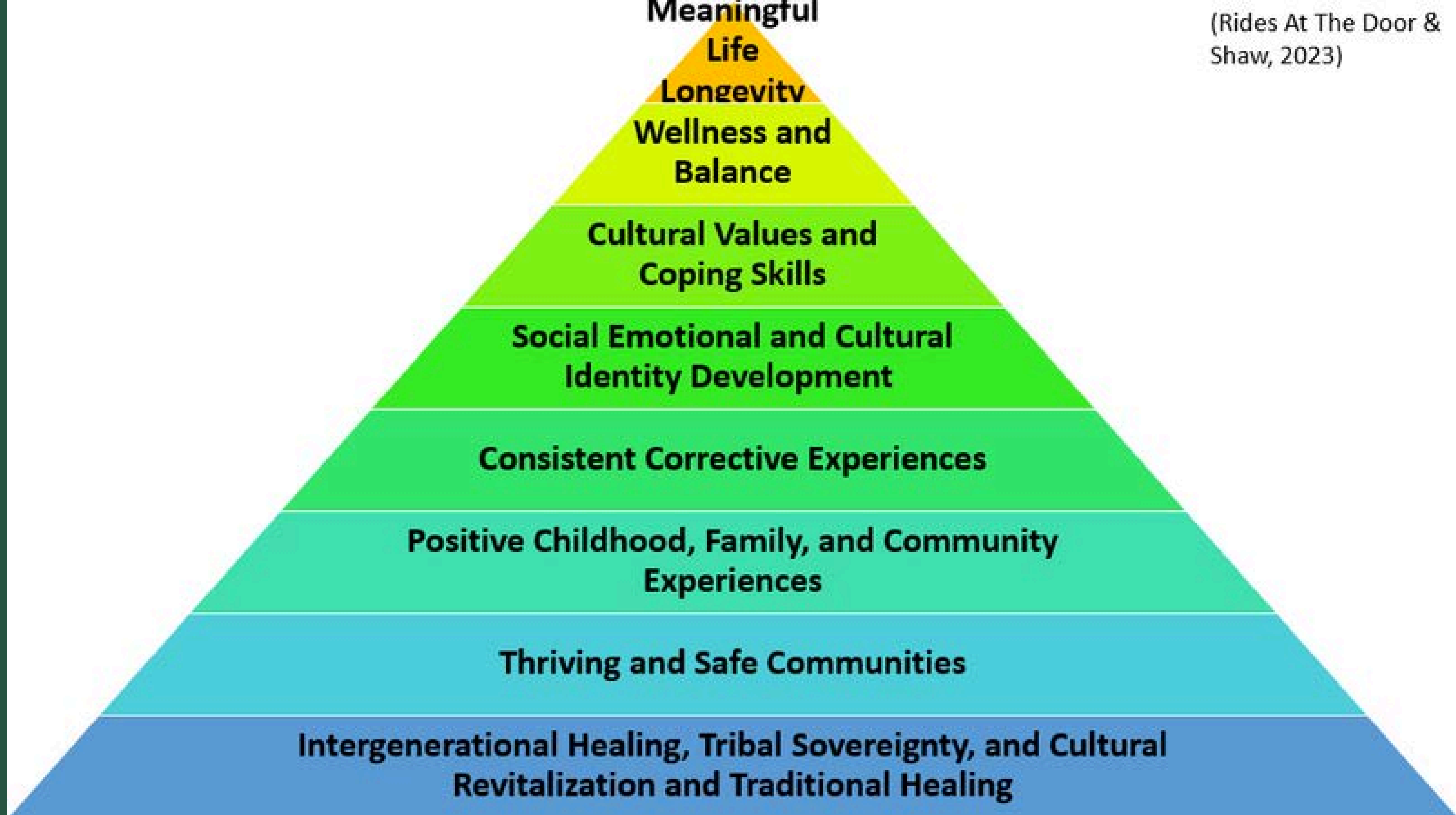


One pause



One shift

(Rides At The Door & Shaw, 2023)



The Other Side of the ACEs Pyramid



THANK
YOU

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