

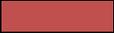
Community Advisory Groups

*Centering programs in the lived experience of people
using substances*

Harm Reduction ECHO

Northwest Portland Area Indian Health Board

Oregon Health Authority – Viral Hepatitis Prevention Program



Harm Reduction ECHO

Purpose: Support those interested in starting or implementing harm reduction programs.

We come together to

- Share information & best practices,
 - Troubleshoot questions, and
 - Learn from one another.
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Agenda

- Welcome & Introductions
- Reflection
- Topic: Community Advisory Groups and meaningful inclusion of people with lived experience in your program
- Issue Presentation & Group Discussion

IN DARK TIMES

WE

GROW

TOWARDS

THE

LIGHT



PASSION LED US HERE

Community Support
& Engagement

Program Planning,
Development, Implementation
& Evaluation

Legal Framework & Sovereignty

Trauma Stewardship &
Trauma Informed Care

Peer-delivered
Services

Harm Reduction Principals and Practice



Building Community Support

- Identify community stakeholder groups
- Meet with community stakeholder groups and leadership
- Identify common ground, opportunities for collaboration
- Invite key community opinion leaders and experts to join community advisory group
- Ask stakeholders to help identify, build and strengthen referral paths and networks
- Identify and work together on shared advocacy efforts
- Develop a communication plan together



Community Advisory Group Roles

Build community support

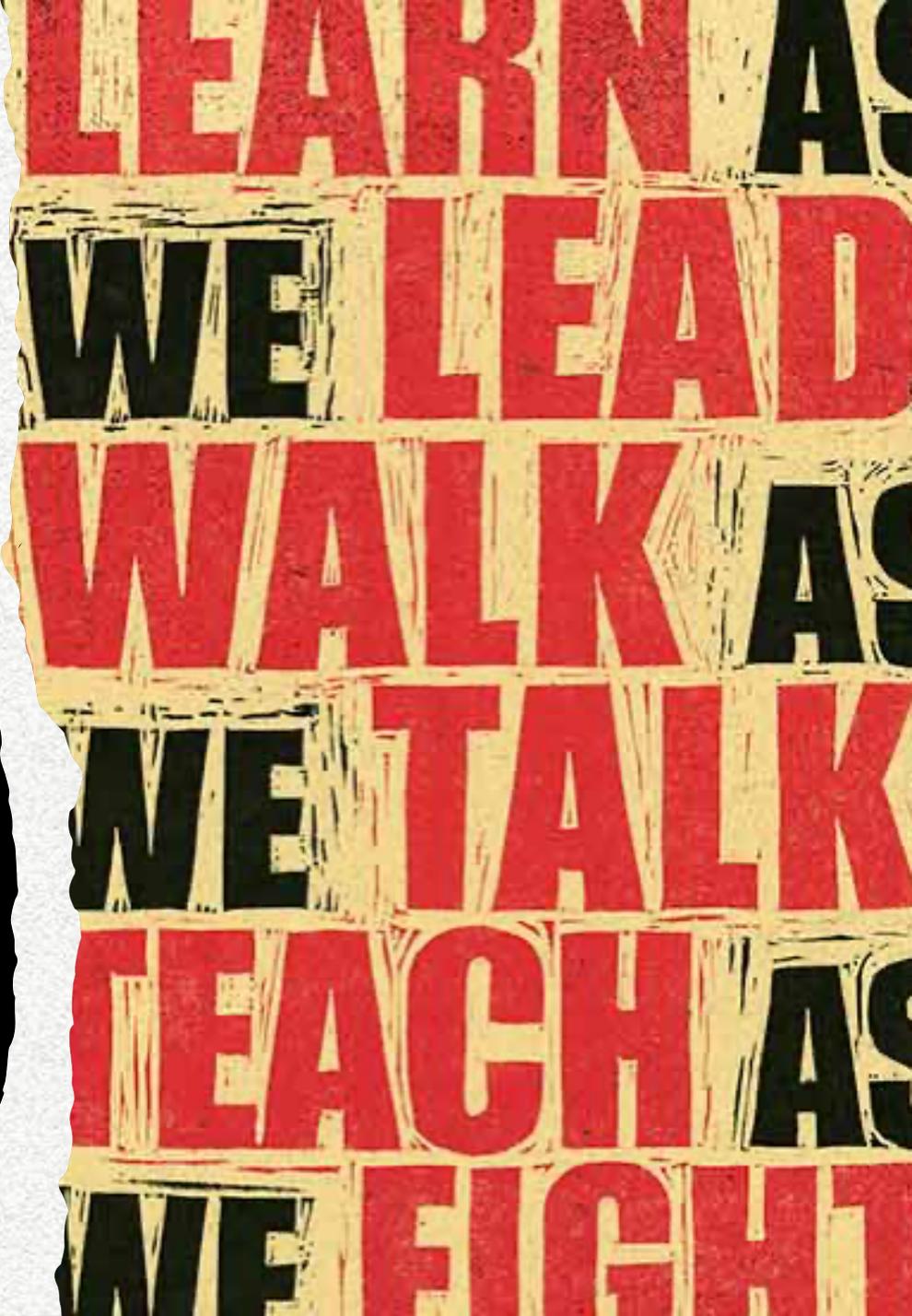
Mitigate stakeholder opposition

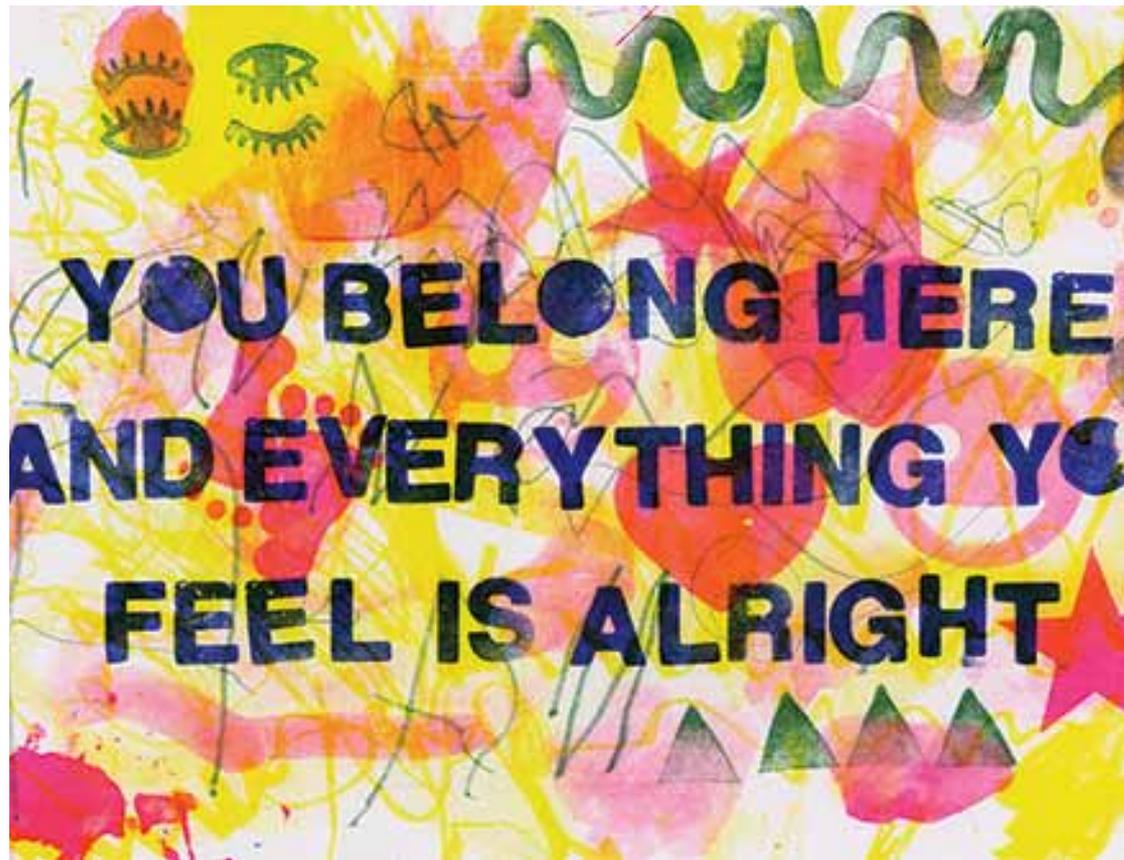
Advise on program design and implementation

Build and develop support networks

Meaningful involvement of people who are using drugs is critical for harm reduction programs.

- What does that mean?
- Where is your program on a scale of 1 to 5?
- Why did you choose the score that you did?
- How can we improve?





Where to start?

What parts of your program can people who are using substances...

Direct

- For example, site locations or days/hours of operation

Provide input

- For example, syringe service operation guidelines

What other ways can we promote and support meaningful inclusion of people who are using substances within health and harm reduction programs?

What challenges exist?

Final thoughts or questions?





**Case discussion:
Co-developing
community information**

- Wound botulism case reported in adult person who reported injection drug use from Marion County
- Wound botulism is a rare, serious and potentially life-threatening infection that must be treated.
- Important to share simple, accurate information with people who are injecting drugs.
- Community harm reduction and Syringe Service Providers are critical trusted sources

Community Harm Reduction Strategies



Eliminate
Infection
Risk

Same day access to Opioid Substitution Therapy (OST)

Reduce
Infection
Risk

Harm reduction information and supplies to support shift to non-injection routes of use
Harm reduction information and education about injection techniques to decrease injuries, missed veins, muscling and skin popping

Reduce
Risk of
Severe
Infection

Increase awareness of outbreak among people who inject drugs and community service providers
Increase awareness of signs and symptoms of infection
Provide clear immediate action steps

Community
material
developed
(PDF, PNG, translation in
process)

Space for local information



BOTULISM WARNING

Heroin May Be Contaminated

- A person from Marion County was diagnosed with WOUND BOTULISM.
- Health officials think the illness was from injecting contaminated black tar or gunpowder heroin.
- Injecting heroin that contains botulinum germs can cause WOUND BOTULISM, a serious illness that can kill you.

UNDERSTAND YOUR RISK



There is **NO WAY TO KNOW** if **BOTULINUM** is in heroin.

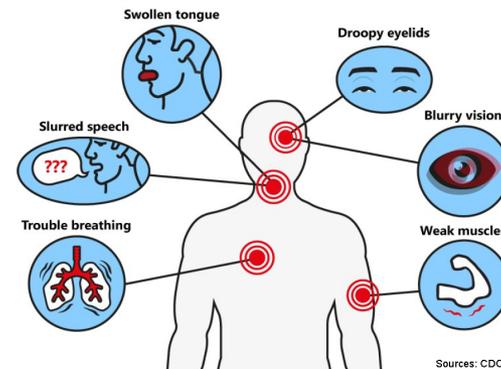


Cooking drugs **DOES NOT KILL BOTULINUM**.



MUSCLING and **SKIN POPPING** are the highest risk activities.

SYMPTOMS



Sources: CDC, Los Angeles DPH, Stanislaus County PH, CADPH

SYMPTOMS can develop over several days to weeks. You may or may not notice an abscess. Botulism can make you weaker until you cannot breathe. WOUND BOTULISM can kill you, but it can be treated if caught early. Treatment can stop the illness from getting worse, so you can get better with time.

If you have any of the symptoms, GO to the nearest EMERGENCY ROOM immediately. Take this flyer to be seen quickly.



Thoughts or Questions

